## January

| Monday | Tuesday | Wednesday | Thursday |  | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | $m$ | HOLIDAY <br> Holiday! |
| $4^{\text {th }}$ HOLIDAY | $5^{\text {th }}$ | $6^{\text {th }}$ | $7^{\text {th }}$ |  | $8^{\text {th }}$ |
| Holiday! | Corn Dog French Fries <br> Steamed Veggies Applesauce OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Spaghetti \& Meatballs Dinner Roll Salad/Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Beef Tacos Cheese <br> Rice/Beans Salad/Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette |  | Pizza Veggies Surprise Dessert |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $11^{\text {th }}$ | $12^{\text {th }}$ | $13^{\text {th }}$ | $14^{\text {th }}$ | $1.5{ }^{\text {th }}$ NO LUNCH |
| Chicken Nuggets French Fries Fresh Veggies Fresh Fruit | Hamburger Potato Chips <br> Steamed Veggies Pudding OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Baked Ziti <br> Dinner Roll Salad <br> Fresh Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Pizza <br> Veggies <br> Coookie <br> OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Early Release at 11:30am |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $1.8{ }^{\text {th }}$ HOLIDAY | $19^{\text {th }}$ | $20^{\text {th }}$ | $21^{\text {st }}$ | $22^{\text {nd }}$ |
| MLK Jr. <br> Holiday | Hamburger Potato Chips <br> Steamed Veggies Jello OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Spaghetti <br> \& Chicken <br> Parmesan <br> Dinner Roll <br> Salad/Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Taquitos <br> Rice/Beans Lettuce <br> Cheese/sour cream Salsa/Fresh Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Pizza <br> Veggies Surprise Dessert |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $25^{\text {th }}$ | $26^{\text {th }}$ | $27^{\text {th }}$ | $28^{\text {th }}$ | $29^{\text {th }}$ |
| Corn Dog French Fries Steamed Veggies Applesauce | Chicken Nuggets Mashed Potato Gravy <br> Steamed Veggies Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Spaghetti \& Chicken Alfredo Dinner Roll Salad/Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Cheese Quesadilla <br> Rice/Beans <br> Salad <br> Fresh Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken , Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Pizza Veggies RiceKrispies |

