## January

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $3^{\text {rd }}$ HOLIDAY | $4^{\text {th }}$ | $5^{\text {th }}$ | $6^{\text {th }}$ | $7^{\text {th }}$ |
| Holiday! | Chicken <br> Nuggets <br> French Fries <br> Veggies <br> Pudding OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette |  <br> Meatsauce <br> Salad <br> Fruit <br> OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes <br> Roasted Corn <br> Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Beef Tacos <br> Rice \& Beans Salad Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Pizza Veggies Cake |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $10^{\text {th }}$ | $11^{\text {th }}$ | $12^{\text {th }}$ | $13^{\text {th }}$ | $1.4{ }^{\text {th }}$ NO LUNCH |
| Cheese Sticks <br> Noodles <br> Marinara <br> Veggies <br> Applesauce | Brisket Sand <br> Mac \& Cheese Chips <br> Applesauce OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Chicken Noddle Soup <br> Grilled Cheese Salad Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Pizza <br> Veggies <br> Surprise <br> Dessert OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Early Release at 11:30am |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $1.7^{\text {th }}$ HOLIDAY | $18^{\text {th }}$ | $19^{\text {th }}$ | $20^{\text {th }}$ | $21^{\text {st }}$ |
| MLK Jr. <br> Holiday | Chicken <br> Sandwich Chips <br> Veggies Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Meatball <br> Spaghetti Salad Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry <br> Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Taquitos Cheese <br> Rice \& Beans Salad Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 <br> Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Pizza <br> Veggies Rice Krispie |


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $24^{\text {th }}$ | $25^{\text {th }}$ | $26^{\text {th }}$ | $27^{\text {th }}$ | $28^{\text {th }}$ |
| Chicken Nuggets Mashed Potatoes Gravy \& Roll Veggies Pudding | Corn Dog French Fries Cooked Veggies Jello OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Chicken <br> Alfredo <br> Spaghetti Salad Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Beef \& Cheese Nachos <br> Rice \& Beans Fruit OR <br> Salad \# 1 <br> Mixed Salad with Fruit <br> Romain Lettuce Dice Apple Strawberry Grilled Chicken, Croutons <br> Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR <br> Salad \# 2 Cob Salad <br> Romain Lettuce Cucumber <br> Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons <br> Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette | Pizza <br> Veggies Brownie |
| $31^{\text {st }}$ |  |  |  |  |
| Hamburger Chips Cooked Veggies Fruit |  |  |  |  |

