

October

Monday	Tuesday	Wednesday	Thursday	Friday
			1 st	2 nd
			Chicken Taquitos Rice/Beans Shredded Lettuce Cheese/sour cream Salsa/Fruit	Pizza Veggies Surprise Dessert
5 th	6 th	7 th	8 th	9 th NO LUNCH
Spaghetti & Meat sauce Roll/Salad Fresh Fruit	Chicken Nuggets Mashed Potato Gravy Steamed Veggies Fruit OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Spaghetti & Chicken Alfredo Dinner Roll Salad Fruit OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Cheese Quesadillas Rice/Beans Salad Fresh Fruit OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Early Release at 11:30am
12 th HOLIDAY	13 th HOLIDAY	14 th HOLIDAY	15 th HOLIDAY	16 th HOLIDAY
Fall Holiday!	Fall Holiday!	Fall Holiday!	Fall Holiday!	Fall Holiday!

Monday	Tuesday	Wednesday		Thursday	Friday
19 th	20 th	21 st	NO LUNCH	22 nd	23 rd
Hot Mozzarella Sticks and Sauce Noodles Fresh Veggies Fruit	Corn Dog French Fries Steamed Veggies Applesauce OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Parent-Teacher Conference Early Release at 11:30am		Beef Tacos with Cheese Rice/Beans Salad Fruit OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Pizza Veggies Surprise Dessert

Monday	Tuesday	Wednesday	Thursday	Friday
26 th	27 th	28 th	29 th	30 th
Chicken Nuggets French Fries Fresh Veggies Fresh Fruit	Hamburger Potato Chips Steamed Veggies Pudding OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Baked Zitti Dinner Roll Salad Fresh Fruit OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Chicken Taquitos with Cheese Rice/Beans Salad Fruit OR Salad # 1 Mixed Salad with Fruit Romain Lettuce Dice Apple Strawberry Grilled Chicken , Croutons Feta cheese or Cheddar cheese Ranch Dressing or Honey lemon Vinaigrette OR Salad # 2 Cob Salad Romain Lettuce Cucumber Cherry Tomatoes Roasted Corn Hard Boiled Egg Croutons Cheddar Cheese Ranch Dressing or Honey lemon Vinaigrette	Pizza Veggies Cookie

